



# STUDY SMARTER

Techniques for Studying **SMARTER**, Not **HARDER**

## Series 1: Study Tips and Memory Strategies



Learn the powerful strategies that make a difference to your study. Through the use of simple, easy to apply and yet practical ideas, you can boost your own performance and your exam results...

Far too many people study harder rather than smarter and they end up burning out. Sitting and passing exams is supposed to get you ahead in life - not make you a nervous wreck.

With simple and effective techniques described in this seminar you can **massively increase your ability to pass exams** and even **reduce your study time**. In this one day fast-paced interactive presentation, International presenter, Karen Boyes from Spectrum Education will share many simple and practical ideas. Education is the key to the future... working smarter not harder is the key to success.

### REGISTRATION FORM:

Yes, please reserve \_\_\_\_ places for me at the 'Study Smarter' Seminar in **Hamilton** held at Hamilton Boys High School Hall

Monday July 18<sup>th</sup> 9am-3pm

**Investment:** \$149 per person PLUS you can **bring a friend for FREE...** *PLUS book your place before the 17th June and you will receive a 27 Study Tips for Mini Poster FREE...*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Friend for Free: \_\_\_\_\_

Yes! I've enclosed a cheque (Payable to Spectrum Education) for \$ \_\_\_\_\_

Yes! Please charge \$ \_\_\_\_\_ on my Credit Card:

Visa Mastercard Amex Expiry Date \_\_\_\_ / \_\_\_\_ Number: \_\_\_\_\_

Signature: \_\_\_\_\_

Please send your completed form to: **Spectrum Education**, PO Box 30 818 Lower Hutt or Phone **0800 37 33 77** or Fax **04 5280 969** or Email: [info@spectrumeducation.com](mailto:info@spectrumeducation.com)

### Here's what you will learn:

- Seven keys to recalling facts, dates and concepts
- How forgetting occurs and how to remember
- How to structure your study time for maximum effect
- Time management strategies
- Understand your learning styles and how to study accordingly
- How music makes a big difference to effective learning
- How to set up a successful study environment
- The top 10 brain foods
- How to maintain fast recall in an exam
- Study Tips for Success and much much more!

**Karen Boyes is described as Australasia's 'Mrs Education'. An expert in effective teaching, learning and living, Karen turns research into practical and simple to use techniques that create success.**

**As the Founder of Spectrum Education, an author, publisher of the Teachers Matter magazine plus the designer of the STUDY SMART Board Game, Karen is an expert on teaching and learning through the world. A dynamic presenter, she inspires teachers and students globally.**

Director of the Institute for the Habits of Mind, Karen is an expert of teaching and learning throughout the world. A dynamic presenter, she inspires teachers and students globally.

**Spectrum Guarantee...** Just apply four techniques from these seminars and if you don't pass your exams we'll bring you back to our next seminar from free. If you still don't pass, your investment will be refunded in full.

